

Salmon F... Cheese Onigiri



INGREDIENTS

3 cups cooked Sushi Rice 50g salmon fillet 6 cubed mozzarella cheese (10g each) 6 sheets nori seaweed 1 teaspoon sesame seeds

Shoyu sauce mixture: 1 teaspoon Japanese shoyu sauce 1/4 teaspoon honey

METHODS

- 1. Pan fry the salmon fillet for 3 to 4 mins and shred until its fine. Combine it with the cooked sushi rice.
- 2. To assembly, separate the salmon rice into equal portions, approximately one large handful for each onigiri.
- 3. Dampen your hands with water. This stops the rice sticking to your hands and helps keep it fresher for longer.
- 4. Pick up one portion of rice. Wrap a piece of mozzarella cheese in the salmon rice.
- 5. Start to press and squeeze the rice into the shape you desired.
- 6. Place a slice of nori on top of the onigiri and sprinkle with sesame seeds.
- 7. Brush the top of the onigiri with shoyu sauce mixture.
- 8. Place the onigiri in the toaster and select onigiri mode.